



Ramsey County RECERT Trusted Messenger



During this COVID-19 Pandemic, Ramsey County and Community Partners are here to help. Contact the following resources

Senior Nutrition Assistance: 1-888-711-1151			
Minnesota Food Assistance Program (MFAP): 1-800-711-3698			
Organization	Address	Day/Time	Remark
Ramsey County Food Resources	Webpage and Map	ramseycounty.us/FoodResources.	Find neighborhood food resources & food shelves
St. Mathews Catholic Church	510 Hall Ave, St. Paul, MN 55107	Mondays – Fridays 5-6 PM	Free Dining
First Luth. Church Food @ First	463 Maria Ave, St. Paul, MN 55106	Wednesdays 4-5:30 PM	Hot meal & Food shelf. ID required
Vadnais Heights Lion Club	655 County Road F East, Vadnais Heights, MN 55127	3rd Sat. Each month. 9-10 AM	For Qualification call 651-746-4158 9 AM-5 PM
Merrick Community Service-Woodland Hill - 651-287-2088	1740 Van Dyke St. Paul, MN 55109	Tues/Ths, 10-12:00 AM	Food Shelf; No apt.
Keystone Midway - 651-917-3792	1916 University Ave, St. Paul, MN 55104	M-F, 10 AM-12:30 PM & 2-4:30 PM	Food Shelf; ID required
MN Food Helpline	1-888 - 711 - 1151	M-F, 10:00 PM - 5:00 PM	Food Shelves, Free Meals, and Programs

Mental Health Resources Provided By Community Partners			
Organization	Contact #	Services	Who
Adult Rehabilitative Mental Health Resources	651-431-2225	Services for those to transition to community living when impaired with symptoms of mental illness.	Adults
Breaking Free	652-645-6557	Services for women escaping sexual exploitation.	Adults
Canvas Health	651-777-5222	Services for people experiencing domestic violence.	Adults and Teens
Certified Community Behavioral Health Clinic	651-266-7890	Care process with care coordinator.	Adults
Children's Hospitals and Clinics Behavioral Health	651-220-6720	Psychological services for mental and chemical health.	Children and Families
Face to Face Counseling Services	651-379-4200	For youth experiencing housing instability.	Children and Families
Metro Social Services and Children's Therapeutic Services	651-647-0647	Mental and behavioral support services.	Children and Families
Progressive Individual Resources	612-749-3309	Mental and behavioral support services.	Adults
People Incorporated	651-774-0011	Mental health clinic.	Adults